

# Session One – Welcome to NRSS Training

Steve Sonderman

*President and Founder, No Regrets Men's Ministries*

## 1. The Purpose of Training

- To equip men to be effective leaders
- To provide the tools needed to start and run a group.

## 2. What Will Training Cover?

- The vision of the No Regrets Study Series
- The qualities of an effective leader
- How does a group work?
- Common problems as a leader
- Practical steps to start a group in your church

### Recommended Resources:

*Transforming Discipleship* by Greg Ogden

*The Master Plan of Evangelism* by Robert Coleman

### 3. The Great Commission – Matthew 28:19-20

- The main verb is to \_\_\_\_\_ disciples.
- What is a disciple?
  - A \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.
- Jesus was not interested in \_\_\_\_\_ to reach the \_\_\_\_\_, but with \_\_\_\_\_ whom the multitudes would \_\_\_\_\_.

### 4. Master's Principle: \_\_\_\_\_ spent with \_\_\_\_\_ results in greater impact for Christ.

- Each of us is going to die. We will live on in two ways:
  - First, in \_\_\_\_\_ with Jesus.
  - Second, in the people we \_\_\_\_\_ for Jesus.

### 5. Six Measurables for Groups

- Men who are able to \_\_\_\_\_ with Jesus on their own.
- Men who are \_\_\_\_\_ to one another.
- Men who have found their place of \_\_\_\_\_ in the church or community.
- Men who are living with a sense of \_\_\_\_\_.
- Men who are able to share their \_\_\_\_\_ and \_\_\_\_\_ with others.
- Men who know what they \_\_\_\_\_.

The Vision \_\_\_\_\_ that \_\_\_\_\_...

# NOTES: